

YES/NO PROGRAMMING

Use this space to write your dowsing movements for each command

My YES movement is

My NO movement is

My CANNOT ANSWER is

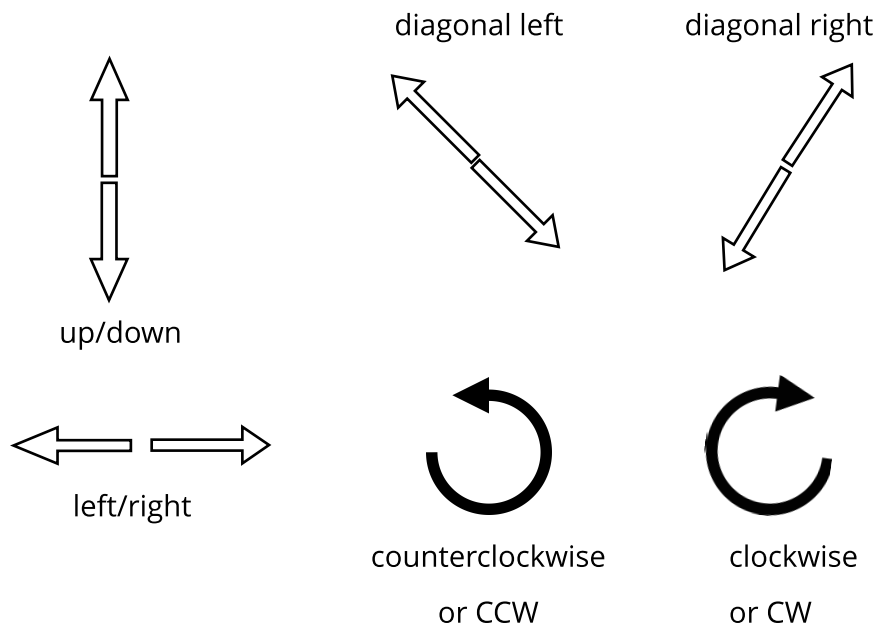
My ANOTHER QUESTION is

Programming your pendulum is just using it to find out how it responds to your YES/NO/DON'T KNOW and NOT AT THIS TIME commands.

Each pendulum may give you different directions so you will have to do this with each new pendulum you buy but you only need to do this once each time.

You are establishing the movement of the pendulum and how it responds to your commands and energy system, this will stay the same unless you program it otherwise.

The moments are:

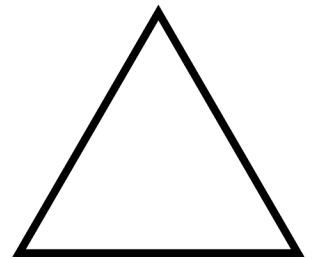
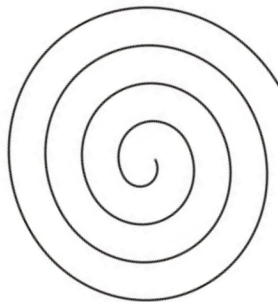
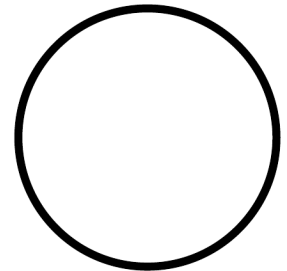
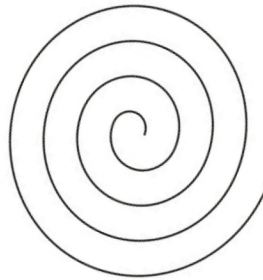
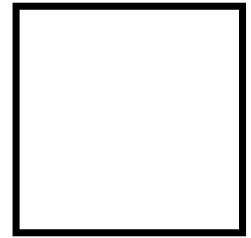
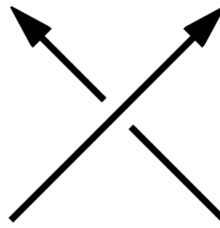
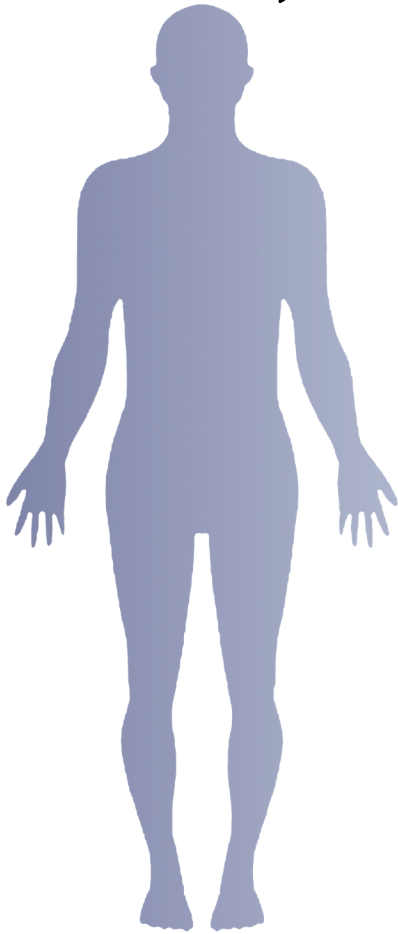


1. Feet on floor sitting comfortably with arm resting on desk or table.
2. Hold the pendulum a few inches from base between thumb and index finger.
- 3 Ask the pendulum, "Show me the movement for YES". Note it and write it down.
4. Ask the pendulum, "Show me the movement for NO". Note it and write it down.
5. Do the same for the 'Cannot answer' and 'Another question' statements.

DOWSING EXERCISE

Dowsing shapes & the body

Dowse over these shapes to see how the pendulum responds to your energy.

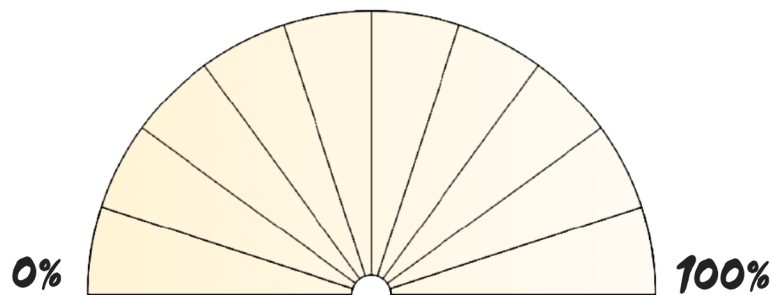


This is a representation of you. Ask to connect to the picture as you and dowse over the body. Ask the pendulum to show you where any blockages lie.

Blocks will be counterclockwise, or the pendulum will be still.

Work out which movement means which meaning.

Use this chart to dowse some questions around your ability with the pendulum



- 1. How connected am I to the pendulum?
- 2. How comfortable am I using the pendulum?
- 3. What % do I have subconscious fears of using the pendulum?
- 4. What % am I actually able to use the pendulum?
- 5. What % do I secretly fear messing with the universe?
- 6. How strong is my connection to the pendulum?
- 7. How free of non-beneficial interference am I right now?